

# GLUTEN FREE MENU

## FRONT + CENTRE

### STARTERS

<b>RUSTIC GARLIC BREAD</b> (V)	\$9
<b>DUO OF DIPS</b> (V) Marinated olives + warm ciabatta bread	\$13
<b>THAI VEGETABLE SPRING ROLLS</b> (V)(VG) Sweet chilli sauce	\$12
<b>PORTARLINGTON MUSSELS</b> Chilli, garlic, tomato, white wine + warm ciabatta bread	\$18
<b>KARAAGE FRIED CHICKEN</b> Sriracha kewpie mayo	\$14

### MAINS

<b>300G GIPPSLAND PORTERHOUSE STEAK</b>	\$39
Choose a side - salad + chips or mash + steamed vegetables Choose a sauce - creamy mushroom, peppercorn, red wine jus, gravy, garlic butter	
<b>TWICE COOKED PORK BELLY</b> Spring onion mash, brussel sprouts, bacon + cider gravy	\$32
<b>CHICKEN BREAST</b> Gruyere + prosciutto, buttered green beans, chats + port jus	\$29
<b>MUSHROOM + HALOUMI BURGER</b> (V)(VGO)	\$23
Swiss flat mushroom, haloumi, lettuce, tomato, caramelised onion, pesto mayo + chips	
<b>EGGPLANT PARMIGIANA</b> (V)(VGO) Rocket, tomato, onion + radish salad + roast chats	\$22
<b>MUSHROOM + PINE NUT RISOTTO</b> (V)(VGO)	\$24
Mixed mushrooms, pine nuts, rocket, fetta, truffle oil + parmesan. Add Chicken \$6 Add Prawns \$8	
<b>CREAMY GARLIC PRAWN FETTUCINE</b> Cherry tomato, red onion, chives + parmesan	\$32
<b>CHICKEN CAESAR SALAD</b>	\$20
Cos, bacon, croutons, parmesan cheese, anchovies + poached egg. Add Prawns \$8	
<b>AUTUMN SUPER SALAD</b> (V)(VGO)	\$21
Sweet potato, spinach, almonds, seeds, haloumi + sherry vinegar dressing. Add Chicken \$6 Add Prawns \$8	
<b>PERSIAN LAMB SALAD</b>	\$21
Rocket, pomegranate seeds, cherry tomato, pumpkin, fetta + sumac pomegranate dressing	

Our chefs make every effort to identify ingredients that may cause allergic reactions for those with food allergies and intolerances. While we take care in preparing and cooking our meals to our customer's requirements, it is important to note that our kitchen is not an allergen free environment. Please inform our staff when placing your order if you have a food allergy or dietary requirement.

This is our gluten free menu. (V) Vegetarian (VGO) Vegan Option Available

All RSL Members\* receive a 10% discount on meals. \*Excluding community only members.

### CLASSICS

<b>CHICKEN PARMIGIANA</b> Salad + chips	\$26
<b>CHICKEN SCHNITZEL</b> Salad, chips + gravy	\$25
<b>FISH + CHIPS</b> Grilled barramundi, salad, chips + tartare sauce	\$29
<b>BEEF BURGER</b> Cheese, bacon, red onion, cos, pickles, special burger sauce + chips	\$23
<b>LEMON PEPPER SQUID</b> Asian noodle salad, chips + sweet chilli aioli	\$25
<b>TULLY'S BUTCHERS BANGERS + MASH</b> Irish pork sausages, mash, peas + red wine jus	\$24

### SENIORS

<b>CHICKEN PARMIGIANA</b> Salad + chips	\$17
<b>CHICKEN SCHNITZEL</b> Salad, chips + gravy	\$15
<b>CAESAR SALAD</b> Cos, bacon, croutons, parmesan cheese, anchovies + poached egg Add Chicken \$4 Add Prawns \$6	\$14
<b>CHAR GRILLED MINUTE STEAK</b> Choose a side - salad + chips or mash + steamed vegetables Choose a sauce - creamy mushroom, peppercorn, red wine jus, gravy, garlic butter	\$20
<b>BEEF RISsoles</b> Mash, vegetables + onion gravy	\$16
<b>TULLY'S BUTCHERS BANGERS + MASH</b> Irish pork sausages, mash, peas + red wine jus	\$18
<b>LAMBS FRY + BACON</b> Mash, vegetables + onion gravy	\$14
<b>MUSHROOM + PINE NUT RISOTTO</b> (V)(VGO) Mixed mushrooms, pine nuts, rocket, fetta, truffle oil + parmesan. Add Chicken \$4 Add Prawns \$6	\$15
<b>TRADITIONAL BOLOGNESE</b> Beef bolognese, penne pasta + parmesan cheese	\$13

\*Only available to Seniors. Please present seniors card when ordering.

### KIDS

<b>CHEESEBURGER</b> + Chips	\$12
<b>PENNE BOLOGNESE</b> + Parmesan cheese	\$12
<b>CHICKEN SCHNITZEL</b> Chips + salad	\$12
<b>CHICKEN PARMIGIANA</b> Chips + salad	\$12
<b>CHICKEN TENDERLOINS</b> Mash + vegetables	\$12
<b>VEGETABLE FRIED RICE</b>	\$12

\*Only available for kids 12 and under.  
Includes an ice cream.

### SIDES

<b>MASH POTATO</b>	\$7
<b>STEAMED VEGETABLES</b> + Garlic Butter	\$7
<b>HOUSE SALAD</b>	\$7
<b>BOWL OF CHIPS</b> + Tomato Sauce	\$7



# BENTLEIGH RSL